

Youth in Care and Social Media Use

Resources for Caregivers



Web Articles/ Websites

Embrella, Embracing & Empowering Families: Founded in 1972 and incorporated in 1974, embrella, formerly Foster and Adoptive Family Services, is the leading statewide advocacy agency for foster, adoptive and kinship parents in NJ. Their mission is to provide advocacy and enriching programs and services to empower families and youth to thrive.

- **How to protect my foster child on social media**
<http://foster-adoptive-kinship-family-services-nj.org/how-to-protect-my-foster-child-on-social-media/>
- **A Foster Parent's Guide to Teen Social Media Privacy 2016**
<http://foster-adoptive-kinship-family-services-nj.org/protecting-social-media-teens-2016/>
- **Social media confidentiality for children in care FAQ**
https://www.fafsonline.org/fact_sheets/social-media-kyi.pdf

Common Sense Media: Keep families up to speed on their kids' social media lives by providing independent reviews, age ratings, & other information about all types of media. These resources provide guidance on healthy media use and helps parents set clear expectations about screen time and devices.

- **Family Engagement Resources- Social Media & Devices**
www.commonsense.org/education/toolkit/audience/family-engagement-social-media-devices

- **Parents' Ultimate Guide to Instagram**
www.commonsensemedia.org/blog/parents-ultimate-guide-to-instagram

- **Step-by-Step Tips to Set Up Your Kid's iPhone**
www.commonsensemedia.org/blog/step-by-step-tips-to-set-up-your-kids-iphone

PC Mag: PC Magazine is a complete guide to PC computers, peripherals and upgrades. They test and review computer- and Internet-related products and services.

- **The Best Parental Control Software for 2019**
www.pcmag.com/article2/0,2817,2346997,00.asp?source=autosuggest

The Adolescent and Children's Trust: TACT (The Adolescent and Children's Trust) is the UK's largest fostering and adoption charity and voluntary agency.

- **Fostering & Adoption Internet, Photographs and Mobile Phones**
www.fosteringhandbook.com/tact/internet.html

Think U Know: Thinkuknow is an education programme from the UK's National Crime Agency's CEOP Command.

- **Using placement plans to keep children safe online.**
<https://www.thinkuknow.co.uk/parents/articles/Children-in-care-Online-safety-placement-plan/>
- **Keeping children in care safe online.**
<https://www.thinkuknow.co.uk/parents/articles/Looked-after-children-specific-risks/>
- **Keeping adopted children safe online.**
<https://www.thinkuknow.co.uk/parents/articles/Young-peoples-use-of-the-internet-Advice-for-adoptive-parents/>

Tip Sheets

Child Welfare Information Gateway: The Child Welfare Information Gateway promotes the safety, permanency, and well-being of children, youth, and families by connecting child welfare, adoption, and related professionals as well as the public to information, resources, and tools covering topics on child welfare, child abuse and neglect, out-of-home care, adoption, and more.

- **Social media: Tips for foster parents and caregivers.**
<https://www.childwelfare.gov/pubs/smtips-parent/>
- **Privacy and Safety Checklist Resources Snapchat.**
<https://www.snapchat.com/l/en-gb/safety>

- **Privacy and Safety Checklist Resources Facebook.**
<https://www.facebook.com/help/325807937506242>
- **Privacy and Safety Checklist Resources Twitter.**
<https://support.twitter.com>
- **Privacy and Safety Checklist Resources Instagram.**
<https://help.instagram.com/>

University of Minnesota Extension Teen Talk Fact Sheets:

This series of fact sheets is great for parents of teenagers focusing on parent-teen communication about challenging topics.

- **LOL, IDK, OMG: Teens and Social Media Platforms.**
<https://extension.umn.edu/communication-and-screen-time/lol-idk-omg-teens-and-social-media-platforms>
- **Teens and the Internet.**
<https://extension.umn.edu/communication-and-screen-time/teens-and-internet>

Books

DeGarmo, J. (2014). *Keeping Foster Children Safe Online: Positive Strategies to Prevent Cyberbullying, Inappropriate Contact, and Other Digital Dangers.* Jessica Kingsley Publishers.

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