

ShowNotes

Episode 16: **Attitudes towards motherhood of women with disabilities**

Carmit-Noa Shpigelman

Summary of Episode:

Carmit-Noa Shpigelman is a mom by choice and a woman with a disability. She is also a researcher who conducts studies on the attitudes of workers towards the parenthood of parents with disabilities.

Biography:

Dr. Carmit-Noa Shpigelman is a senior lecturer at the Department of Community Mental Health, University of Haifa, Israel. She specializes in disability studies, mental health, rehabilitation, and social technologies. Her research focuses on social and emotional aspects of living with a lifelong disability, including community participation, quality of life, and well-being of adults and older adults with intellectual and other developmental disabilities and psychiatric disabilities. She explores the participation of people with disabilities in various life domains e.g., employment, education, and social and romantic relationships, from individual and family perspectives. As a mother with a physical disability, Dr. Shpigelman is particularly interested in exploring the parenthood experience of adults with disabilities and their children.

Titles and Contact Information:

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References:

Articles

Shpigelman, C.N. (2015). How to support the needs of mothers with physical disabilities? *Disability and Rehabilitation*, 37(11), 928-935.

Hasson-Ohayon, I., Hason-Shaked, M., Silberg, T, **Shpigelman, C.N.**, Roe, D., (2018). Attitudes towards motherhood of women with physical versus psychiatric disabilities. *Disability and Health Journal*, 11(4), 612-617.

Shpigelman, C.N. & Bar, M. (submitted). "I'm a good mother, I play with her, I love her": The Experience and Wellbeing of Mothers with Intellectual Disabilities from Empowering and Intersectional Approaches.

Resources

The Special Interest Research Group on Parents and Parenting with Intellectual Disabilities was founded in 1996 at an international conference in Denmark which was organized by the Danish Ministry of Social Affairs and The EU Commission. The SIRG/PID was formally affiliated with the International Association on the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD) in 2002. The mission of the Special Interest Research Group on Parents and Parenting with Intellectual Disabilities is:

- To create opportunities for international and multidisciplinary networking;
- To foster research and innovation;
- To expose social and systemic discrimination against and promote equalisation of opportunity for parents with intellectual disabilities and their children;
- To facilitate the translation of knowledge from research into policies and practices.

<https://iassidd.org/sirgs/parenting-with-intellectual-disabilities/>